COMPOSITION: 1 capsule contains: active ingredients:
indol-3-carbinol - 150 mg,
di-indolilmetan - 50 mg,
resveratrol - 25 mg;
excipients: filling agents: microcrystalline cellulose, lactose, calcium stearate, silica dioxide amorphous; capsule shell: gelatin.

NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) PER 100 g OF THE SUPPLEMENT: proteins – 15.0 g, carbohydrates – 1.1 g, fats - 0 g; 273.7 kJ (64.4 kcal).

INDOMIROL® is a balanced complex of non-hormonal biologically active substances, the functional properties of which help maintain the normal balance of female reproductive hormones, reduces the risk of the development and progression of estrogen-dependent conditions.

RECOMMENDATIONS FOR USE: INDOMIROL® is recommended for normalizing the functional status of the reproductive and genital system in women. A complex of non-hormonal biologically active substances contained in INDOMIROL® helps normalize estradiol metabolism, selectively binds to estrogen receptors, has antiproliferative and antioxidant properties.

INDOMIROL® is recommended in:
- mastopathy
- endometriosis
- adenomyosis and ovarian cysts
- uterine myoma (uterine fibroids)
- cervical erosion and dysplasia of various origin
- premenstrual syndrome
- to reduce the risk of estrogen-dependent hyperproliferative conditions in the menopause
- papillomatosis
- adhesion prevention following gynecological surgeries

METHOD OF ADMINISTRATION AND RECOMMENDED DAILY DOSE: adults (women) should take 1 capsule 1-2 times daily after meals swallowed with plenty of drinking water. The treatment course is 3-6 months. The course can be repeated if needed.

Medical advice is recommended before taking the product.

CONTRAINDICATIONS: pregnancy and lactation, individual intolerance of the ingredients.

Do not exceed the stated recommended quantity for daily intake.

Should not be used as a substitute for a balanced diet.

PHARMACEUTICAL FORM: capsules with the contents weight of 360 mg ± 7.5 %. 
STORAGE CONDITIONS: store in the original package at temperatures 4 to 25°C, in a dry place protected from light, out of reach of children.

MANUFACTURING DATE: see the manufacturing date on the package.

SHELF LIFE: 24 months from the manufacturing date.

MANUFACTURING BATCH NUMBER: specified on the package.

For more information, please contact us on +380 44 454 01 00 or visit www.nutrimed.ua

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