

ZOBOFIT[®] DUO



INGREDIENTS: 1 capsule contains: *active ingredients:*

extract of white cinquefoil root (*Potentilla alba*) 160 mg, silver birch leaf (*Betula pendula*) 60 mg, spirulina (*Spirulina*) 55 mg, common hazel leaf (*Corylus avellana*) 50 mg, marjin root (*Paeonia anomala*) 40 mg, dropwort root tubers (*Filipendula vulgaris*) 35 mg, Dyer's greenweed (*Genista tinctoria*) 10 mg;

excipients: fillers: orisil (amorphous silicon dioxide); *capsule shell:* gelatin.

NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) PER 100 g OF THE SUPPLEMENT: proteins 15.0 g, carbohydrates 1.1 g, fats 0 g; 64.4 kcal / 269.4 kJ.

RECOMMENDATIONS FOR USE: ZOBOFIT[®] DUO is recommended as an additional source of biologically active substances of plant origin for the normalization of the functional state of the thyroid gland in persons with impaired thyroid gland function (for hypothyroidism, including subclinical form, hyperthyroidism, autoimmune thyroiditis, diffuse, nodal, and endemic goiter). **ZOBOFIT[®] DUO** contributes to the normalization of the volume, structure and level of thyroid hormones, improvement of general well-being and psycho-emotional state. Due to its composition, **ZOBOFIT[®] DUO** is characterized by a complex positive effect on both the thyroid gland and the body as a whole. It has thyrotropic, anti-proliferative, anti-inflammatory, antioxidant, and immunomodulatory properties.

HOW TO USE AND RECOMMENDED DAILY DOSE: adults should take 1 capsule 1-3 times a day before meals, while washing down with enough water. The duration of use is 2-3 months. If necessary, it may be repeated after 2 months. Before using the medicine, you should consult a physician.

Consult your physician before use.

Do not exceed the specified recommended amount for daily intake.

Do not use it as a substitute for a complete diet.

CONTRAINDICATIONS: pregnancy, lactation, increased individual sensitivity to components.

DOSAGE FORM: capsules with a content of 410 mg \pm 7.5%.

STORAGE CONDITIONS: store in the original packaging at a temperature from 4 °C to 25 °C in a dry place, protected from sunlight and out of reach of children.

DATE OF MANUFACTURE: the date of manufacture is indicated on the package.

SHELF LIFE: 24 months from the date of manufacture.

PRODUCTION BATCH NUMBER: indicated on the package.

ADDITIONAL INFORMATION

ZOBOFIT[®] DUO is a balanced plant complex that has proved its effectiveness and safety in clinical trials of many scientific centres of the country.

The herbal components of **ZOBOFIT[®] DUO** have a long history of use in clinical practice for disorders of the thyroid gland, osteoarthritis, gout, atherosclerotic lesions, kidney and digestive canal diseases, but are used in such a unique combination for the first time. **ZOBOFIT[®] DUO** has a positive effect on the manifestations of oxidative stress, impaired fibrinolytic and proteolytic activity of blood, reduces signs of inflammation and improves the glomerular filtration rate. This makes it possible to achieve a rapid clinical effect with lower doses of each of the components, which makes it possible to effectively select the recommended dose for each person, taking into account their age and thyroid profile.

The extract of white cinquefoil root (*Potentilla alba*) contains flavonoids (rutin stabilizes the elasticity and permeability of the vascular wall; quercetin has antioxidant properties), saponins (have adaptogenic and hypolipidemic

properties), tannins (exhibit detoxifying properties). The extract of white cinquefoil contains macro- (magnesium, potassium, calcium, phosphorus) and microelements (selenium, zinc, iron, iodine, manganese). Due to its composition, the white cinquefoil exerts a multi-purpose action on the thyroid gland. The extract of white cinquefoil has a thyrotropic and antioxidant effect, that is, it improves the functional state of the thyroid gland and protects thyrocytes from destruction, as well as exhibits anti-inflammatory, astringent, diuretic, spasmolytic, and hemostatic properties.

Silver birch leaf (*Betula pendula*) contains essential oils, tannins, saponins, resins, nicotinic and ascorbic acids, flavonoids, carotene, and hyperoside. Birch leaves exhibit a wide range of pharmacological properties, including immunomodulatory, anti-inflammatory, antioxidant, antiproliferative, antispasmodic, reparative, diuretic, biliary and antisclerotic properties. Birch leaves are effective with urinary stone disease, chronic obstructive pulmonary disease, arthritis, gout; improve microcirculation and contribute to the normalization of endocrine functions.

Spirulina (*Spirulina*) is a natural source of protein, polyunsaturated fatty acids, vitamins (A, C, E, B12, B1, B2, PP, B6, folate), useful pigments, microelements (selenium, zinc, iron, iodine, manganese). Components of spirulina have a broad and multidisciplinary effect on the body, but primarily show potent anti-inflammatory, antiproliferative, antioxidant, and immunomodulatory properties, which is especially important in case of inflammatory processes of autoimmune genesis. Spirulina also has general tonic, anti-sclerotic, geroprotective, and hepatoprotective properties.

Common hazel leaf (*Corylus avellana*) contains essential oil, phenol-carboxylic acids (halal, caffeic, p-coumaric, ferulic acids), tannins, vitamins E, C, retinol, group B, as well as iodine and other microelements. The content of these substances causes antioxidant, anti-inflammatory, and anti-proliferative effects on thyroid tissue. The hazel leaves also have antidysenteric, antipyretic, vasodilator, general tonic, stimulating, antianemic, vitamin, hypotonic, nephroprotective, and antitumour properties.

Dropwort root tubers (*Filipendula vulgaris*) contain tannins, glycoside gaulterin, salicylic acid derivatives, and starch. These components contribute to the normalization of secretory activity, have anti-inflammatory, astringent, disinfectant, urinary, and hemostatic properties. It is used for urinary stone disease, arthritis, gout, inflammatory lesions of the digestive canal, and hyperplasia of glandular tissues.

Marjin root (*Paeonia anomala*) contains tannins, flavonoids, phenol glycosides, salicylic acid, methyl salicylate, benzoic acid, essential oils, saponins, sitosterol, macro- and microelements. It has anti-inflammatory, sedative, immunomodulatory, and general tonic properties; provides normalization of the functional state of the thyroid gland. Marjin root is effective with vasopathies, atherosclerosis, neurocirculatory dystonia, immunodysfunction, phobias, arthritis, gout, insomnia.

Dyer's greenweed (*Genista tinctoria*) is a source of flavonic glycosides, luteolin and genistein, organic acids, essential oil, triterpene saponins, and minerals. Diiodotyrosine, found in Dyer's greenweed, is a more bioavailable iodine compound for the body than iodides and anions of iodic acid. Dyer's greenweed has anti-inflammatory, biliary, sedative, hemostatic, urinary, and hematopoietic properties. It is used for inflammatory processes in the genitourinary system, all types of jaundice, thyroid lesions with different functional status, and gout.

For more information, please
contact us on +380 44 454 01 00 or visit www.nutrimed.ua

Manufacturer: NUTRIMED Ltd

Main office:

Predslavinskaya street 43/2 ■ Kyiv ■ 03150 Ukraine
+380 44 454 01 01 ■ info@nutrimed.ua