

# OVARIMEDIN™



**INGREDIENTS:** 1 capsule contains: *active ingredients:*

**extract of common licorice (*Glycyrrhiza glabra*) 250 mg**, standardized to **20% glycyrrhizinic acid;**

**vitex extract (*Vitex agnus-castus*) 100 mg**, containing **not less than 0.6% aucubin** and **not less than 0.5% agnuside;**

**extract of cinnamon (*Cinnamomum cassia*) 50 mg;**

*excipients: fillers:* silicon dioxide (orasil), microcrystalline cellulose, calcium stearate;

*capsule shell:* gelatin.

**NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) PER 100 G OF DIETARY SUPPLEMENT:** proteins 15.0 g, carbohydrates 1.1 g, fats 0 g; 64.4 kcal / 269.4 kJ.

**NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) OF DAILY AMOUNT (4 CAPSULES):** proteins 0.28 g, carbohydrates 0.02 g, fats 0 g; 1.21 kcal / 5.06 kJ.

**RECOMMENDATIONS FOR USE:** OVARIMEDIN® is recommended as an additional source of biologically active substances of plant origin for normalizing the functional state of adrenal glands and female reproductive organs, by restoring hormonal balance, in particular, increasing the level of cortisol and progesterone and reducing the level of testosterone and prolactin. It contributes to normalization of the menstrual cycle and reduction of insulin resistance. It has antiandrogenic, antidepressant, and antioxidant properties.

**HOW TO USE AND RECOMMENDED DAILY DOSE:** adults should take 1-2 capsules 2 times a day after meals, while washing down with enough water.

**RECOMMENDED INTAKE COURSE:** 3-6 months. If necessary, the course can be repeated.

**Consult your physician before use.**

**Do not exceed the specified recommended amount for daily intake.**

**Do not use it as a substitute for a complete diet.**

**CONTRAINDICATIONS:** individual intolerance to components, pregnancy, lactation.

**PRECAUTIONS FOR USE:** use with caution in hypertension, do not exceed the recommended daily dose.

**DOSAGE FORM:** capsules with a net weight of 470 mg  $\pm$  7.5%.

**STORAGE CONDITIONS:** store in the original packaging in a dry place, protected from sunlight and out of reach of children, at a temperature not higher than 25 °C..

**DATE OF MANUFACTURE:** the date of manufacture is indicated on the package.

**SHELF LIFE:** 24 months from the date of manufacture.

**PRODUCTION BATCH NUMBER:** indicated on the package.

## ADDITIONAL INFORMATION

**Extract of common licorice** contains glycyrrhizinic acid, which has the ability to normalize the functional state of the adrenal glands and female reproductive organs, in particular increases the level of cortisol (due to inhibition of the activity of 11 $\beta$ -hydrocorticosteroid dehydrogenase type 2, which converts the active cortisol hormone to its inactive cortisone form), increases progesterone (due to the restoration of normal secretion of LH and FSH), and decreases the level of testosterone (blocks the enzyme 17-hydrocorticosteroid dehydrogenase).

It contributes to the normalization of the menstrual cycle, has antiandrogenic, antidepressant, and general tonic properties.

**Vitex extract** reduces prolactin production, eliminates hyperprolactinaemia, and normalizes sex hormone levels. Active substances of vitex, bicyclic diterpenes, acting on the dopamine D-2 receptors of the hypothalamus, have a dopaminergic effect, inhibit secretion and release of prolactin.

The vitex extract contributes to the normalization of the ratio of gonadotropic hormones and increasing the secretion of the luteinizing hormone. As a result, there is an increase in the level of progesterone, which normalizes the imbalance between estrogens and progesterone.

**Cinnamon extract** contains polyphenolic polymers of type A, procyanidins, and other polyphenolic compounds such as rutin, catechin, quercetin, which reduce insulin resistance.

Cinnamon extract has the ability to restore the cycle and morphology of the ovary, reduce the level of testosterone and insulin in the plasma, reduce the level of IGF-1, while increasing the level of IGFBP-1 in the plasma, as well as in the ovary. It contributes to improvement of the menstrual cycle, strengthening of the immunity, and improving metabolism.

For more information, please  
contact us on +380 44 454 01 00 or visit [www.nutrimed.ua](http://www.nutrimed.ua)

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